

Name: _____

NAME THREE THINGS YOU ARE GOOD AT:

- 1.
- 2.
- 3.

LIST TWO POSITIVE WORDS A FRIEND WOULD USE TO DESCRIBE YOU:

- 1.
- 2.

LIST TWO POSITIVE WORDS A TEACHER, PARENT OR GUARDIAN WOULD USE TO DESCRIBE YOU:

- 1.
- 2.

Put an "X" next to the words that describe you. Then, put an "O" next to the attributes you would like to be true about you, but that you need to practice. Finally, add some words in the spaces provided to describe you that are not on this list.

Ambitious

Brave

Cheerful

Compassionate

Confident

Creative

Dependable

Determined

Energetic

Enthusiastic

Flexible

Friendly

Funny

Generous

Gentle

Hardworking

Helpful

Honest

Honorable

Independent

Imaginative

King

Likable

Loyal

Mature

Motivated

Organized

Persuasive

Positive

Proud

Respectful

Responsible

Sensitive

Sincere

Smart

Strong

Successful

Supportive

Talented

Team Player

Thoughtful

Tolerant

Trustworthy

Warm